

Kentucky Partnership for  
Families and Children, Inc.

**Youth Behavioral Health Bill of Rights**

1. Youth are the experts on themselves.
2. Youth have the right to be informed about their medication and diagnosis in a way that they can understand.
3. Youth have the right to feel heard and acknowledged.
4. Youth have the right to informed consent.
5. Youth have the right to alternative options.
6. Youth have the right to feel safe in a confidential setting.
7. Youth have the right to be respected.
8. Youth have the right to have their values honored.
9. Youth have the right to a proactive safety plan.
10. Youth have the right to use their voice in the decision making process of their plans.
11. Youth have the right to express their limitations and boundaries and have them respected.
12. Youth have the right to advocate for themselves and others.

**Kentucky Youth MOVE**  
**(Motivating Others through Voices of Experience)**

1-800-369-0533



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Kentucky Youth MOVE (KYM) is a statewide chapter of Youth MOVE National. MOVE stands for motivating others through voices of experience. KYM is a voice for all young people 14 & 26 who have lived experience with mental health and substance use. It is an 18-member council of youth between the ages of 14 & 26 and consists of people with their own lived experience and want to make a change in our state based upon their experiences getting services.

We partner with professionals from youth serving systems. We advocate, volunteer, help with events, speak on panels and committees, co-facilitate trainings, and participate in other leadership opportunities in hopes that we can end stigma around youth mental health and substance use. We meet 4-5 times a year as a council to discuss and learn about things that are going on across the state and strategize to make a positive lasting impact.

Kentucky Youth MOVE's mission is that we will provide advocacy and training, share their lived experiences with others, help to create a youth-guided peer to peer network, partner with other organizations to help them understand youth behavioral health challenges, and create a culturally competent youth led system of care.

Kentucky Youth MOVE's vision is that we will create a statewide network to help all youth entering a youth serving system to reach their fullest potential, be empowered, persevere, share their voice and be self-sufficient in living a life without stigma.

You can find more information about KYM by visiting their webpage:

<https://kypartnership.org/youth-council/>